

Tier 2 Signposting Toolkit Resources

Active Support

Positive Behaviour Support and Active Support: Essential elements for achieving real change in services for people whose behaviour is described as challenging.

United Response

<https://www.unitedresponse.org.uk/active-support-guide>

Active Support: A handbook for supporting people with learning disabilities to lead full lives

<https://arcuk.org.uk/activesupport/files/2014/09/Active-Support-Handbook-revised.pdf>

British Institute of Learning Disabilities

<http://www.bild.org.uk/capbs/active-support/>

Association for Real Change (ARC)

ARC (Association for Real Change) supports service providers across the whole of the UK to promote the independence, inclusion, individuality and well-being of people with learning disabilities. This is through learning disability training, consultancy services, QCF qualifications, projects, publications, disclosure service and our information service.

<https://arcuk.org.uk/>

Assessment & Tools

Motivation Assessment Scale (V. Mark Durand © p2002)

[https://www.ppbores.org/DocumentCenter/View/1937/Motivation Assessment Scale II-12?bidId](https://www.ppbores.org/DocumentCenter/View/1937/Motivation%20Assessment%20Scale-II-12?bidId)

The Guernsey Community Participation & Leisure Assessment (Baker 2000) which has been revised and updated by Peter Baker, Laura Taylor-Roberts and Fergal Jones. The GCPLA-r manual and assessment document are available to download in pdf format.

<http://www.midss.org/content/guernsey-community-participation-and-leisure-assessment-gcpla>

Autism & Homelessness Toolkit

[https://www.homeless.org.uk/sites/default/files/site-attachments/Autism Homelessness Toolkit.pdf](https://www.homeless.org.uk/sites/default/files/site-attachments/Autism%20Homelessness%20Toolkit.pdf)

Autism Toolbox Website

The Autism Toolbox website is brought to you by the Scottish Government in partnership with the national charity, Scottish Autism with support from Autism Network Scotland.

<http://www.autismtoolbox.co.uk/>

Challenging Behaviour Foundation

The Challenging Behaviour Foundation (CBF) is a charity for people with severe learning disabilities whose behaviour challenges.

<https://www.challengingbehaviour.org.uk/>

A new resource on medication for family carers (CBF) -

<https://www.challengingbehaviour.org.uk/cbf-articles/latest-news/newresource/medication.html>

Child Autism UK

Child Autism UK (formerly known as Peach) provide support, advice, Applied Behaviour Analysis services:

<https://www.childautism.org.uk/>

Council for Disabled Children: Integrated Personal Commissioning

<https://councilfordisabledchildren.org.uk/sites/default/files/field/attachemnt/CDC.IPC.%20Final.pdf>

Devon Adult Autism & ADHD Service:

<https://www.dpt.nhs.uk/our-services/adult-autism-and-adhd>

Dental Toolkit

<https://www.autismspeaks.org/tool-kit/dental-tool-kit>

Department of Health

The Department of Health (DoH) supports ministers in leading the nation's *health* and social care to help people live more independent, healthier lives for longer.

This is achieved by shaping and delivering policy, setting direction, provide accountability, and troubleshooting.

<https://www.gov.uk/government/organisations/department-of-health-and-social-care/about>

Adult Autism Strategy:

<https://www.gov.uk/government/publications/adult-autism-strategy-statutory-guidance>

Positive and Proactive Care: Reducing the need for restrictive interventions:

https://assets.publishing.service.gov.uk/government/uploads/system/uploads/attachment_data/file/300293/JRA_DoH_Guidance_on_RP_web_accessible.pdf

Inclusion Development Programme:

Supporting pupils on the autistic spectrum:

<https://www.gov.uk/government/publications/inclusion-development-programme-primary-and-secondary-supporting-pupils-on-the-autism-spectrum>

Learning Resources for social work with adults who have autism:

<https://www.gov.uk/government/publications/learning-resources-for-social-work-with-adults-who-have-autism>

Home ownership for people with long-term disabilities (HOLD)

This fact book is about the HOLD shared ownership scheme and was developed to support those professionals who are working with people with a learning disability, autism or both as part of the Transforming Care programme. However, shared home ownership is a possible option for a much wider range of people; this guide is therefore relevant to other professionals too.

https://www.local.gov.uk/sites/default/files/documents/HOLD%20and%20shared%20ownership%20and%20step%20by%20step%20guide_FINAL.pdf

HOPE Programme

The HOPE programme has been developed to help local people struggling with long-term health conditions; build confidence and learn how to manage their condition(s), including mental health issues such as anxiety, stress and depression, better. The HOPE Programme (Help Overcoming Problems Effectively) is based on a course developed by the University of Coventry to help people cope better with long-term medical conditions.

<https://www.torbayandsouthdevon.nhs.uk/services/hope-programme/>
<https://www.facebook.com/HOPEProgDevon/>

Mental Capacity Act:

Mencap have devised a Mental Capacity Act resource pack specifically for family carers of a person with a learning disability:

https://www.mencap.org.uk/sites/default/files/2006/mental%20capacity%20act%20resource%20pack_1.pdf

Care Quality Commission - Mental Capacity Act:

<https://www.cqc.org.uk/help-advice/mental-health-capacity/about-mental-capacity-act>

Care Quality Commission - Mental Capacity Act Guidance for Providers:

<https://www.cqc.org.uk/guidance-providers>

National Autistic Society Guidance for professionals:

- <https://www.autism.org.uk/professionals/health-workers/guidance.aspx>
- <https://www.autism.org.uk/professionals/health-workers/person-centred-planning.aspx>
- <https://www.autism.org.uk/professionals/health-workers/safeguarding.aspx>
- <https://www.autism.org.uk/professionals/health-workers/social-care.aspx>
- <https://www.autism.org.uk/professionals/health-workers/gp-info.aspx>
- <https://www.autism.org.uk/professionals/health-workers/dentists-info.aspx>
- <https://www.autism.org.uk/professionals/health-workers/eyecare.aspx>
- <https://www.autism.org.uk/professionals/health-workers/transition.aspx>
- <https://www.autism.org.uk/challenging-behaviour>
- <https://www.autism.org.uk/visualsupport#uses>

NICE Guidance

<https://www.nice.org.uk/>

Autism spectrum disorder in adults: diagnosis and management

<https://www.nice.org.uk/guidance/cg142>

Autism spectrum disorder in under 19s: recognition, referral and diagnosis

<https://www.nice.org.uk/guidance/cg128>

NHS England

Building the Right Support

<https://www.england.nhs.uk/wp-content/uploads/2015/10/ld-nat-imp-plan-oct15.pdf>

People with a learning disability and/or autism quick guide about personal health budgets and integrated personal commissioning:

<https://www.england.nhs.uk/publication/people-with-a-learning-disability-and-or-autism-quick-guide-about-personal-health-budgets-and-integrated-personal-commissioning/>

STOMP – Stopping over medication of people with a learning disability, autism or both:

<https://www.england.nhs.uk/wp-content/uploads/2017/07/stomp-gp-prescribing-v17.pdf>

Learning Disability and Autism support in an acute setting – case study

<https://www.england.nhs.uk/atlas/case-study/learning-disability-and-autism-support-in-an-acute-setting/>

Service model for commissioners supporting people with a learning disability and/or autism who display behaviour that challenges including those with a mental health condition:

<https://www.england.nhs.uk/publication/service-model-for-commissioners-supporting-people-with-a-learning-disability-and-or-autism-who-display-behaviour-that-challenges-including-those-with-a-mental-health-condition/>

Developing support and services for children and young people with a learning disability or both:

<https://www.england.nhs.uk/publication/developing-support-and-services-for-children-and-young-people-with-a-learning-disability-autism-or-both/>

NHS England: Ask, Listen, Do Project

General information

<https://www.england.nhs.uk/wp-content/uploads/2018/05/ask-listen-do-project-leaflet-april-18.pdf>

Top Tips: Making feedback, concerns and complaints easier for families and carers of children, young people and adults with a learning disability, autism or both

<https://www.england.nhs.uk/wp-content/uploads/2018/06/Ask-Listen-Do.pdf>

This Ask Listen Do resource shares tips for health, social care and education organisations and practitioners with the aim of making feedback, concerns and complaints easier for people with a learning disability, autistic people, families and carers.

<https://www.england.nhs.uk/publication/ask-listen-do-making-conversations-count-in-health-social-care-and-education-tips-for-health-social-care-and-education-organisations-and-practitioners/>

Beyond the High Fence: This report is for NHS England, specialist commissioners, clinical commissioning groups (CCGs), local authorities and anyone working in the criminal justice system.

<https://www.england.nhs.uk/wp-content/uploads/2019/02/beyond-the-high-fence.pdf>

Care & Treatment Reviews Policy

<https://www.england.nhs.uk/wp-content/uploads/2017/03/ctr-policy-v2.pdf>

NHS Website

<https://www.nhs.uk/conditions/autism/treatment/>

Petroc Free Distance Learning Courses:

Working with Learning Disabilities level 2

Understanding Specific Learning Disabilities

Understanding Autism Level 2

Behaviour that Challenges Level 2

Awareness of Mental Health Level 2

Young Peoples Mental Health Level 2

<https://www.petroc.ac.uk/courses-search/looking-for-distance-learning/distance-learning-health-and-social-care->

Plymouth Online Directory:

<https://www.plymouthonlinedirectory.com/kb5/plymouth/directory/results.page?directorychannel=0&qt=autism&term=&sorttype=relevance>

Positive Behaviour Support

United Response – PBS Guide

<https://www.unitedresponse.org.uk/positive-behaviour-support-guide>

BILD (British Institute of Learning Disabilities)

The Centre for the Advancement of Positive Behaviour Support (CAPBS) at BILD was created to develop the knowledge, understanding and skills in the learning disability sector around positive behaviour support. There is a range of resources about PBS that can be found here.

<http://www.bild.org.uk/>

PBS Academy

The PBS Academy is a collective of organisations and individuals in the UK who are working together to promote Positive Behavioural Support (PBS) as a framework for working with children and adults with learning disabilities who are at risk of behaviour that challenges. The PBS Academy publishes free resources under its name and is useful for a range of stakeholders, including people with learning disabilities, family carers, support

Workers, support providers and commissioners.

<http://pbsacademy.org.uk/>

Positive Behaviour Support: Specifications for Contracts

<http://pbsacademy.org.uk/wp-content/uploads/2016/01/PBS-Academy-Specification-for-contracts.pdf>

PBS Competencies Framework

The Positive Behavioural Support Competence Framework has been produced by the PBS Coalition - a collective of individuals and organisations promoting PBS in the UK.

<https://www.skillsforcare.org.uk/Document-library/Skills/People-whose-behaviour-challenges/Positive-Behavioural-Support-Competence-Framework.pdf>

TIZARD

Positive behaviour support in social care settings for adults with learning disabilities

<https://www.kcl.ac.uk/sspp/policy-institute/scwru/events/LDseries/2018-info/mcgill17apr18.pdf>

Practice Leadership

<https://www.unitedresponse.org.uk/practice-leadership>

Reasonable Adjustments:

Equality & Human Rights Commission provide a vast range of information relating to reasonable adjustments:

<https://equalityhumanrights.com/en/search?text=reasonable+adjustments>

Restrictive Practice/Restraint Reduction

The Restraint Reduction NetworkTM (RRN) is an independent network which brings together committed organisations providing education, health and social care services for people who may challenge. The network has an ambitious mission to reduce reliance on restrictive practices and make a real difference in the lives of people who use across education, health and social care services.

<http://restraintreductionnetwork.org/>

Reducing Restrictive Practice Checklist
http://restraintreductionnetwork.org/wp-content/uploads/2016/11/Copy-117-EUR-HND-0629_proofJu3.pdf

Skills for Care

A Positive and Proactive Workforce
<https://www.skillsforcare.org.uk/Documents/Topics/Restrictive-practices/A-positive-and-proactive-workforce.pdf>

Videos

- Louise's Video: Shows the outcome of the Transforming Care Partnership's work:
https://m.youtube.com/watch?v=Bvqp6d2i_ck
- Jack's Video: This animation shows two mornings and a school days in the life and family of Jack, a boy on the autism spectrum:
<https://www.youtube.com/watch?v=bMJZjYEUDKo>
- Graemes Story:
<https://www.nhs.uk/Video/Pages/autistic-spectrum-disorder-graeme.aspx>
- An animated explanation of autism:
<https://www.youtube.com/watch?v=6fy7gUlp8Ms>
- Champions for Change Devon County Council Video:

https://www.youtube.com/watch?v=FmY Ea6_KHyc&feature=youtu.be

- Make it Stop film:
<https://www.youtube.com/watch?v=xHHwZJX67-M>
- BBC Video: Parents view on living with autism – a failing system:
<https://www.youtube.com/watch?v=puhIY9W1Dw>
- The Twisting Ducks Media Company has produced resources on subjects important to people with a learning disability and autism
- JJ Don't Forget Your Passport! A film about hospital passports for people with a learning disability:
<https://www.youtube.com/watch?v=EUzPV9XFPOc>
- JJ Hospital passports & reasonable adjustments for patients with a learning disability. (for health professionals):
<https://youtu.be/nnArjW3euhw>
- JJ I don't feel well - About health disclosures:
<https://youtu.be/ORYBFC4CXRQ>
- JJ Works for us! Jobs giving social empowerment for people with a learning disability and/or autism:
<https://youtu.be/gszgbYbZhIw>
- JJ Work for all:
<https://youtu.be/GZ2KIYvWW6s>
- Find out more about Work for all at:
<http://www.thetwistingducks.co.uk/work-for-all>